



**nami**

National Alliance on Mental Illness

**Maine**

*December 7, 2011*

## **ACTION ALERT**

### UPDATE ON BUDGET HEARINGS

A press conference and rally will take place on WEDNESDAY, DECEMBER 14, AT 10AM, IN THE HALL OF FLAGS (SECOND FLOOR OF THE STATE HOUSE) IN AUGUSTA. We encourage all NAMI Maine members and those who are concerned about proposed cuts to mental health and co-occurring substance use services and supports to attend and to plan to stay afterwards to testify!

As most of you know, without an outpouring of concern, legislators will not understand the impact of these proposals. Please call 1-800-464-5767 if you have questions. We will maintain a ride-share list in the event that we can help people to carpool. Please go to our website, [www.namimaine.org](http://www.namimaine.org) for updates, talking points, and up-to-date information about the budget. Other organizations will be developing on-line postcards that you can send to your legislator or download and mail. As these opportunities develop, we will post them at [www.namimaine.org](http://www.namimaine.org).

If you want to contact your legislator and/or a member of the appropriations committee, you can go to the Maine State Legislature's website at <http://www.maine.gov/legis>. On the left is a "contact us" click – and a drop down for "find your representative" or click here: <http://www.maine.gov/legis/house/townlist.htm>. On the right, there is a click for "committees" and you can find the list of legislators who are on Appropriations or click here: <http://www.maine.gov/legis/house/commit.htm>. Again, please give us a call if we can help.

NAMI Maine's position and talking points will be posted tomorrow.

For questions or concerns please contact Carol Carothers at: [info@namimaine.org](mailto:info@namimaine.org) or (207) 622-5767. Thank you for your support!